

# GBNC Newsletter

## What's happening at GBNC

Winter 2023



### What's on weekly at GBNC

#### Mondays

- Kids Korner Childcare
- GBNC Client appointments
- Lego therapy for kids aged 5–8 years, 3:30–4:30 at Corundum Street
- Emergency Relief available from 9am–12noon at Corundum Street

#### Tuesdays

- Playgroup for kids aged 0-5
- Happy Chat at Hilton Street
- GBNC Client appointments

#### Wednesdays

- Kids Korner childcare
- Catholic Care kids counselling
- Baby & Me 9:30–11:00 (school terms)
- GBNC Client appointments
- Lego therapy for kids aged 5–8 years, 3:30–4:40

#### Thursdays

- Foodsupport at Hilton Street by referral through GBNC
- Catholic Care kids counselling
- Sensory playgroup for babies aged 0–5 months
- GBNC Client appointments

#### Fridays

- Kids Korner childcare
- GBNC Client appointments

#### Sundays

- 2<sup>nd</sup> Sunday Quart Pot Quilters
- Every Sunday – Baptist Church

### What's on monthly at GBNC

- Rotary Stanthorpe Ageing Well morning tea at Hilton Street every 3<sup>rd</sup> Friday of the month
- Free technology assistance for personal devices 9:00–11:30. Please check with reception for next available date/s

Give Nikki a call to discuss room rentals and to get a quote.

### You interested?

Stanthorpe hospital's Community Consultative Committee (SCCC) provides a valuable link between the community and the hospital focused on improving the experience of anyone using our hospital's services.

The SCCC is eager to hear from anyone interested in being considered as a member of the 23/24 SCCC to build on past successes.

Your commitment is to attend monthly meetings, being a conduit into the Granite Belt community's residents and working on agreed priority issues via a subcommittee process.

If you are interested, please make contact with SCCC Chairperson, Jennifer Leigh, via email giving some detail on your interest - [manager@communityds.org.au](mailto:manager@communityds.org.au) by 23rd June, 2023.

Keep up to date on GBNC's usual (regular) activities and special events follow GBNC 's on its facebook and/or Instagram pages.

### Partner Agencies



**CatholicCare**  
Social Services



**Legal and Social Justice Services**



### Donations

- ✓ Gary Fawcett's ride against DV
- ✓ Australian Vinegar
- ✓ Commonwealth Bank
- ✓ Sam's Farm Fresh Fruit & Veg
- ✓ Local farmers
- ✓ Lions Club of Stanthorpe
- ✓ Rotary Stanthorpe
- ✓ Zonta Club of Stanthorpe
- ✓ Spano's IGA Stanthorpe

### Supporters



**THE NAPPY COLLECTIVE**



*A vibrant organisation growing, building and nurturing our community*

# GBNC Newsletter

## Organisational news

Winter 2023



### Staff Movements

- ✓ Conferred Life Member status on our longest Volunteer – Kerrylee Anderson



- ✓ Fiona, our PHN program coordinator we expect to hear will have her contract extended one more year
- ✓ We said goodbye to Charlene and Craig. We wish them well in the next phase of their professional life.
- ✓ Cheryl Garland, one of GBNC's dedicated volunteers was acknowledged by SDRC's Volunteer Recognition Program for her tireless commitment to raising money for local not-for-profit organisations of which GBNC has been a beneficiary too.



### Funding Submissions – Outcomes

Like every other neighbourhood centre, GBNC is constantly keeping an eye on what grants are open and writing submissions.

From the funding submissions recently lodged we have:

- **Success!** Qld Community Fund in partnership with Rotary Stanthorpe has been funded to take out membership of CISS's Online Community Directory and Community Diary
- **Success!** Celebrating Multicultural Qld - Multicultural Projects to add to Driving Work Life Opportunities driving orientation for people from other cultures.
- **Success!** Celebrating Multicultural Qld - Multicultural Projects to add to Driving Work Life Opportunities driving orientation for people from other cultures. Ends by June 30<sup>th</sup>, 2024.
- **Success!** Acconia Windfarm grant for 2 freezers for Foodsupport program.
- **Success!** Flexible Flood Funding for 3 disaster related workshops

**Go to page 3 to see the roles GBNC is recruiting for**

### Funding Submissions – yet to hear

We are yet to hear news on the following applications:

- Dept Communities Innovation Grant small for membership to online directory and diary.
- Dept Communities Innovation Grant large for a new 3-year program to tackle loneliness
- Gambling Community Benefit Fund for funds to hold a Volunteering Expo in 2024.
- RSL Grant

GBNC fingers are crossed.

# GBNC Newsletter

## Organisational news

Winter 2023



### Granite Belt on-line community diary and community directory

As mentioned earlier, GBNC, partnering with Stanthorpe Rotary were successful in being funded for membership of CISS's online diary and directory.

GBNC is currently finalising member application and will soon recruit and appoint an Administrative Assistant for 3 days per week for up to 1 year.

This role will champion inputting information about services in and to the Granite Belt AND ongoing encourage community groups and members to put their event or activity on the community diary.

In other Qld communities the community diary is only as effective as the community participates in making it a success and relevant..... Simply by putting your event/activity on the diary.

GBNC and Rotary is eager to see how the directory and diary enables Granite Belt residents and visitors to have easy access to knowing:

- what's on any given day of the week and month
- what services are available in or to this region.

Stay tuned for more information on facebook and Instagram in the coming months.



Community Information  
Support Services

### New program commencing soon – Healthy Ageing Support

GBNC was approached by the Darling Downs & West Moreton Primary Health Network with regards to a one-year demonstration project - Healthy Ageing Support.

Contract negotiations are well advanced with funding due to be granted early July 2023 for 1 year until 30<sup>th</sup> June 2024.

This program aims to assist ageing persons resident in the Southern Downs to make social, health, medical connections within their community. Look for updates on facebook & Instagram in coming months.



### Reminder GBNC is a charity

As the end of the 22/23 financial year fast approaches it's a timely reminder that GBNC is a registered charity.

This means any donation over \$2 can be claimed on your tax return.

GBNC is always interested in donations which go towards funding our self-funded programs, namely:

- Sustaining Tenancies which provides no interest small loans to people in need who agree to a repayment plan
- Foodsupport which operates weekly entirely through volunteers and food donations.: it provides on average 45 food boxes weekly
- Room hire in both our premises.

If you would like to donate, please contact [admin@communityds.org.au](mailto:admin@communityds.org.au)

# GBNC Newsletter

## Organisational news

Winter 2023



### Update on Southern Downs Suicide Prevention Network

Its official!



Southern Downs Suicide Prevention Network is up and running, with the launch occurring over 2 days April 8<sup>th</sup> in Warwick & April 23<sup>rd</sup> in Stanthorpe.

Both days were tied to marketing days within the town and were very well supported by locals. Wesley Mission staff who were involved in the setup of the Network were also in attendance to lend their support to members and talk to people about the new network.



A raffle that was held over the course of the launch was hugely popular with 29 prizes and several hundred dollars raised.

Wesley Mission recently provided free suicide prevention training to the community in both Stanthorpe & Warwick these were both well attended, giving attendees skills in identifying and communicating with people who may be at risk of suicide.

Looking forward, SDSPN has booked a guest speaker Stuart O'Neill author of 'Just ONE reason' a very powerful book helping to open up a dialogue about suicide. With generous funding from HealthWise and GBNC, Stuart is booked to speak on Wednesday 26<sup>th</sup> July in Stanthorpe & Warwick.

Meetings are now on 3<sup>rd</sup> Monday of the month at 5.30pm meeting at SDIEA in Warwick and RSL in Stanthorpe with a combined Zoom link.

### Qld Community Foundation Presentation function at Parliament House

Mr Jim Barnes, Vice President of CDS Inc (GBNC) and President of Rotary Stanthorpe accepted on behalf of both agencies being granted funds for the on-line directory at a function at Parliament House, in Brisbane to Celebrate 2023 Queensland Philanthropy Awards .



### Social Value of GBNC – 2022 Report Snapshot

Annually, the peak body for Neighbourhood Centres in Qld conducts a survey to establish the social value arising from neighbourhood centres. GBNC's report indicates it:

- Provided \$831,307 in community value in 2022
- Improved quality of life through social connection valued at \$222,847
- Valued volunteers' time contribution to \$67,140
- Valued community to \$6.72 for every \$1 of Qld Government funding for neighbourhood centres.

A copy of the full report can be downloaded from GBNC website at:

<https://mysd.com.au/cds/wp-content/uploads/sites/27/2023/05/Granite-Belt-Neighbourhood-Centre-value-2022.pdf>

# GBNC Newsletter

## Our services

Winter 2023



### Early Years

Activities for parents and their children (prenatal to 8 years) for example, weekly Lego therapy and two Playgroups (Tuesdays and Thursdays).

### Youth

Activities aimed at working with youth who are at risk of disengaging from school, family and/or the community.

### Mental Wellbeing (PHN)

Focuses on initiatives to improve individual and community response to mental health needs of any aged residents.

### Family Support Services

Assists vulnerable families to develop family/household management skills, improve life skills and provide information, advice and referral. During school terms Baby & Me runs for 5 weeks and is aimed at new parents.

### Emergency Relief

Available to assist on a time-limited basis with basic life needs and is available to any person/resident in the area including backpackers

### Community Support Services

Assists vulnerable individuals in an integrated way by increasing life skills, connecting people to the community, events, projects and resources to benefit the whole community.

### Kids Korner

Limited hours childcare for children aged 15 months to 5 years. Days of operation are Mondays, Wednesdays and Fridays. Casual use is encouraged.

### Driving Work Life Opportunities

Aims to expand life options & employment through addressing the barriers that prevent persons aged 16-25 years from obtaining a drivers licence. This program works with the PCYC's Braking the Cycle Stanthorpe program.

### Sustaining Tenancies

Available through GBNC for clients with tenancy-related issues. A realistic payment plan will be set up to come out of your Centrelink payments

### Foodsupport

Available weekly on a Thursday morning via a referral from GBNC staff. Clients are to attend our Food Support at 15 Hilton St 8.45am-9.45am only.

*If you would like to be notified of GBNC's upcoming events, please follow us on GBNC facebook page or Instagram page*

*A vibrant organisation growing, building and nurturing our community*